



COVID-19

We have the tools to
Fight Omicron



Vaccines & Booster



Masks



Testing

Reinfections and COVID 19

Updated Jan. 20, 2022

CDC has updated [isolation and quarantine](#) recommendations for the public, and is revising the CDC website to reflect these changes. These recommendations do not apply to [healthcare personnel](#) and do not supersede state, local, tribal, or territorial laws, rules, and regulations.

Reinfection with the virus that causes [COVID-19](#) means a person was infected, recovered, and then later became infected again. After recovering from COVID-19, most individuals will have [some protection from repeat infections](#). However, reinfections do occur after COVID-19. We are still learning more about these reinfections. Ongoing studies of COVID-19 are helping us understand:

- How often reinfections occur
- Who is at higher risk of reinfection
- How soon reinfections take place after a previous infection
- The severity (how serious the infection is) of reinfections compared with initial (the first) infections
- The risk of transmission to others after reinfection



About Variants

Viruses are constantly changing, including the virus that causes COVID-19. These changes can lead to the [emergence of variants](#) (new strains of the virus) that can increase the risk of reinfection. COVID-19 vaccines continue to be highly effective in protecting against severe illness. [Vaccines](#) are recommended for all people 5 years or older, including people who have been infected before.

What CDC is doing

CDC continues to work to better understand reinfections with COVID-19 to inform public health action. CDC is using a range of data sources to assess how often reinfections occur, who is most at risk for reinfection, and the risk of reinfection when there is community spread of [Omicron](#) or other virus variants. CDC has worked closely with public health jurisdictions and the [Council of State and Territorial Epidemiologists](#) [↗](#) (CSTE) to help states to count repeat infections in the same individuals over time.

An updated national surveillance [case definition](#) of COVID-19 was introduced on September 1, 2021, and includes criteria for counting new infections (reinfections) after previous probable or confirmed infections. CDC is working with multiple public health jurisdictions that are identifying reinfections to collect and analyze the data. CDC is publishing several analyses that use datasets from various sources, including cohort studies (which follow the same people over time):

- [COVID-19 Cases and Hospitalizations by COVID-19 Vaccination Status and Previous COVID-19 Diagnosis — California and New York, May–November 2021](#)
- [Laboratory-Confirmed COVID-19 Among Adults Hospitalized with COVID-19–Like Illness with Infection-Induced or mRNA Vaccine-Induced SARS-CoV-2 Immunity — Nine States, January–September 2021](#)
- [Reinfection with SARS-CoV-2 among previously infected healthcare personnel and first responders](#) 
- [Suspected SARS-CoV-2 Reinfections: Incidence, Predictors, and Healthcare Use among Patients at 238 U.S. Healthcare Facilities, June 1, 2020- February 28, 2021.](#) 
- [Duration of Viral Nucleic Acid Shedding and Early Reinfection With Severe Respiratory Syndrome Coronavirus 2 in Healthcare Workers and First Responders](#) 
- [Reduced Risk of Reinfection with SARS-CoV-2 After COVID-19 Vaccination — Kentucky, May–June 2021](#)
- [Science Brief: SARS-CoV-2 Infection-induced and Vaccine-induced Immunity](#)

How to Protect Yourself and Others

- Get a [COVID-19 vaccine](#) as soon as you can. [Find a vaccine here](#). Everyone 12 years and older should get a booster shot when eligible.
- Consistently and correctly wear a [well-fitting mask that covers your nose and mouth](#) to help protect yourself and others.
- [Stay 6 feet apart from others](#).
- Avoid crowds and poorly ventilated indoor spaces.
- Know when to [test](#) to be informed and prevent spread to others.
- [Wash your hands often](#) with soap and water and dry thoroughly. Use hand sanitizer with at least 60% alcohol if soap and water aren't available.

More Information

[Antibodies and COVID-19](#)

[Test for Past Infection](#)

[Test for Current Infection](#)

[Quarantine & Isolation](#)

[How Do I Find a COVID-19 Vaccine?](#)

More Information for Health Professionals

[Update to the standardized surveillance case definition and national notification for 2019 novel coronavirus disease \(COVID-19\)](#)  

[Interim Guidelines for COVID-19 Antibody Testing](#)

[Science Brief: SARS-CoV-2 Infection-induced and Vaccine-induced Immunity](#)

[Interim Clinical Considerations for Use of COVID-19 Vaccines](#)